

## Report of Most Obvious Targeting Events by Sharon Rose Poet

I was born in the USA and have resided here all my life. It appears that I've been being targeted since at least 1974, although I did not start realizing it until 2005. I am now experiencing rounds of heavy targeting, which include technological torture, covert harassment, the sabotaging of my relationships, homes and work and attempts to harm me. **Many people, whom I have been close to, have also been targeted in various ways. Some have been literally enslaved. I am deeply concerned for their lives and psychological health as well as my own.**

I have experienced covert harassment and microwave weapon attacks in Peru, Canada and many states in the USA, including New Hampshire, Maine, Vermont, Arizona, Utah, Virginia, California...etc. **Since 2006 I have been sending a variety of reports to every level of law enforcement in the USA, as well as some internationally. Many of those, whom I report the targeting to, appear to be either targeted or prevented from helping in other ways. I feel scared for all of us, especially for individuals and families that are being harmed. Please help us. We need protection from further harm.**

This list includes just a few examples of my most provable experiences. More can be found on my website and in PDFs of the books listed below. **Please forward this to appropriate officials.**

Web Site: [www.targetedinamerica.com](http://www.targetedinamerica.com)

"Targeted in America" book; [www.poeticpublications.com/booktia5.pdf](http://www.poeticpublications.com/booktia5.pdf)

"Ramblings of a Targeted Individual" book; [www.poeticpublications.com/bookram13.pdf](http://www.poeticpublications.com/bookram13.pdf)

### Sabotaging of my Work and Targeting of My Sponsors

My work has been sabotaged in ways, which include interference with mailings, the destruction of my computers and printers, Effecting my health with microwave and laser weapons, infiltrations into my computers to alter or plagiarize my writings, changing my phone numbers, taking over my email address, wiping pages off my web sites...etc. But the worst of it has been the targeting of my advertisers since the 2008 printing of Sharon's Bud.

In 2014 Daniel Nadeau promised to sponsor my next Heart Bud publication shortly before his "Gold Buyers" shop in Greenland, NH was broken into. This was my last attempt to find sponsors for my publications, because **there has been a long chain of what appears to be targetings of my sponsors in the second issue of Sharon's Bud and four issues of the Heart Bud.** (Possibly even subscribers of my 2005 "Personal Journal" publications.) **Most (if not all) of my advertisers appear to have either gone out of business or been targeted with break-ins, bursting pipes, sudden odd deaths or illnesses of loved ones...etc.** So much has happened that I can no longer see it as a coincidence.

Since I learned of Dan's suspicious "death," (which is listed below) I began to realize that things appear to be getting worse instead of better in my situation, especially for past advertisers of my papers, witnesses to the targeting, and possibly even people whom I had written about in the original posts on my blog, which are now in [the book](#) listed below . . . or should be. There are things that may have been altered or erased by those who infiltrate my computers and web sites. (I've been getting what appears to be covert threats connected to the writings in this book.) I feel bad that I must share it in its raw form, although it has been being infiltrated and I had made too many of my own mistakes, misperceptions...etc., and certainly do not want to misinform or let blame aim in the wrong directions. But I can not properly fix/edit it on infiltrated computers and feel that I need to share it so that the crimes do not remain hidden. **More complete earlier editions can be made available to the proper authorities upon request.** Hopefully they will remain in tact.

The "Sharon's Bud" and Heart Bud Publications; The "Sharon's Bud" and Heart Bud Publications; [www.sharonbud.com](http://www.sharonbud.com) [www.heartbud.com](http://www.heartbud.com)  
Ramblings of a Targeted Individual Blog; [www.sharonpoet-ti.blogspot.com](http://www.sharonpoet-ti.blogspot.com)  
Ramblings of a Targeted Individual Book; [www.poeticpublications.com/bookram13.pdf](http://www.poeticpublications.com/bookram13.pdf)  
(More complete previous editions can be made available upon request.)

Since my work has been so severely sabotaged I have repeatedly aimed for other jobs. On those jobs I've experienced what appears to be laser weapon attacks to my back, hands and arms, which were inflicted to disabling me until the job is lost or not obtained. On jobs that I have obtained I've experienced severe levels of harassment (including sexual), rumor campaigns, being drugged and raped, microwave weapon attacks to make me physically ill or interfere with my brain function.

### Suspicious Deaths

Before you read this I want you to know that I do not have an issue with death. I fully believe that our souls/spirits go to a better place after our bodies die and I actually find comfort in knowing this. But there are some deaths surrounding my situation, which feel too unnatural and appear to be inconspicuous murders that are set up to look like suicides or natural deaths. Some appear to be part of a targeting and abduction/"rescue" process that is orchestrated by those who target and enslave people. Some enslaved victims are thought to be dead by loved ones - their "deaths" staged. I beg you to help stop these crimes and expose the covert program so that enslaved victims can be set free and not used to "recruit" or target the rest of us.

#### **Death of Daniel Nadeau of Greenland, NH in 2015:**

Dan had been one of my advertisers in the 2008 second printing of [Sharon's Bud](#). Dan had also helped me when my car was disabled and I was left stranded on the streets in the fall of 2013. **On February 28, 2014 I reported that Dan's "Gold Buyers" shop was broken into shortly after he had agreed to sponsor the next printing of my "Heart Bud" publication. . . and that I thought it was part of the targeting.**

**Around July 28, 2015 it appeared that Dan was being used to try to get me to leap into his car - to "rescue" me from the targeting. "He won't go without you," one of them said as this was happening.** On one occasion Dan parked next to me, walked in front of my parked car and then appeared to be sitting in his car waiting for me to leap into the back seat. Those who target me have recruited and/or abducted and used, many people whom I knew or had been close to, and use them to try to covertly "rescue"/abduct me. Due to my experiences with this, I feel that this "rescue" (into a place they call "home") leads to complete enslavement under the very same people who are targeting all of us.

**On September 6, 2015 I heard that Dan was reported to have died of a heart attack on February 22, 2015, months BEFORE I saw him.** Is he really dead? Cover-ups are happening around this. The dates appear to have been altered in my reports of this. And my February 28, 2014 blog post had been partially erased after his death.

**Dan is one of several people, whom I now feel are probably still alive and enslaved although thought to be dead by loved ones and the rest of the world. It appears that staged deaths, which hide abductions, are merely one of the recruiting methods for those who target and enslave people.**

#### **Four Deaths in Northfield, Vermont in 2012:**

I visited a church in Northfield and befriended the minister and a few other members of the congregation as I sold books and looked for a room rental in this area where I had just obtained a job. (none of these books were about the targeting.) Within just a few weeks that community, which had embraced me with kind, open arms, was stricken with four sudden deaths. One was the elderly man whom I had breakfast with during my first visit. He was missing on the day I returned and was later found dead in his field. The cause was reported to be a heart attack. This was followed by three other deaths, which had the whole community spinning in every direction but mine. This was one of the more extreme situations where people seemed to be

being targeted, and distracted by deaths of loved ones, due to their care for me. This sort of thing has happened often, probably more than I realize or even want to know right now.

**Death of the two aunts who would have helped me:**

In the summer of 2008 I sent a letter to my aunt Alene Coache, who was a Nun in Montreal Canada. (I was wanting to go see her about the targeting) After a period of no response, I found out, through the internet, that she had died of a sudden illness. This same thing also happened in 2006, when I was about to go see my aunt Francis Rowland in Florida. Her first husband (my uncle) worked for the FBI and I there may be a connection between his job and our family being targeted.

**The Psychological Death of a Child in late 1990s and the following decade:**

I worked at a mental health facility for a few years and worked with a two year old boy. He was having adverse reactions to psychiatric drugs. I reported this to the lead psychiatrist who kept trying different ones. I apposed it, because he was normal - nothing wrong with him. But his psychiatrist said that keeping him medicated and quiet was helping his mother to treat him better. I was taken off the case and , around a decade later, I was told that that little boy had become retarded and was institutionalized. I am deeply concerned that these sorts of things are happening to many people.

**Kevin LaBree's Death on River Road in Goffstown or New Boston, NH in 2002:**

In Dec 2001 my brother Kevin LaBree called me and said, "***Something weird is going on around here! Pops is suddenly acting strange...***" ("Pops" is what he called our father.) I did not know what to think of it and was being so heavily targeted that I forgot it. But it is now clear to me that he was starting to realize the technological mind control part of the targeting, which none of us were aware of at that time.

In August 2002 Kevin was reported to have been killed in a mysterious accident with a four wheeler and was found face down in a river in New Boston, or Goffstown, NH. Many people knew that there was something suspicious about his "accident" but, as they pushed for investigations, my cousin suddenly died of a heart attack. I believe that the second death was a murder set up as a distraction, because this is a typical pattern of the targeting. I now have reason to believe that Kevin is still alive - that his death was also staged and that he is enslaved in the covert program. (His body was not cremated and is supposedly buried in the family graveyard in New Boston, NH.)

Within two days BEFORE my brother's "death", a perpetrator puppet had talked about being scared of his little brother dieing. And this is a classic type of sadistic forewarning that those who target me put out before executing their plans.

**Death of Jim Baker in Nova Scotia, Canada in 2001:**

Around a serious vamp up in the targeting, and shortly before a suspicious fire destroyed my Andover (Potter Place) NH home, a friend of mine, who was selling me a piece of land in Nova Scotia, was reported to have been found dead in his house near Berwick, Nova Scotia. This was reported to be from a heart attack. But I have reason to believe that he is still alive - that he is yet another person who has been abducted/enslaved.

**My oldest daughter was surrounded by an unusual amount of deaths:**

Around the late 1990s to 2001...etc., My daughter's friend's grandmother, whom she'd been close to, passed away and she had a hard time dealing with it. . .and then she was suddenly surrounded by unusual deaths. (This is a pattern in the targeting - instigating things that we have issues with.)

Another friend's mother was suddenly found dead with both of her grandchildren. in Penacook, NH. It was reported that she had killed her grandchildren and then herself. (I do not believe that this woman did such a thing on her own accord.) One of her other close friends got married and then her husband shot himself in front of her. They called it suicide. (around this time we also lost three pets.) A few years later she walked into her co-worker's apartment and found him dead. Reports said it was from diabetes. (Both of my daughters have been targeted/traumatized in various ways.)

**Death of Charlie Buck of Mont Vernon, NH in late 1980s or early 1990s:**

I have reason to believe that my father in law, Charlie Buck was targeted into inhumane suffering while being murdered with microwave weapons. He truly is in a better place now, but how many other people are being harmed the way he was?

**Death of my mother, Yolande LaBree, in 1977:**

I now have reason to believe that my mother did not die in 1977 - that her death was also staged and that she was forced into covert enslavement under the guise of a covert "rescue" from a hospital in New Hampshire.

## Examples of Attempts to Harm Me

These are just a few of the more obvious things. I may never be able to prove them, due to efforts to hide the crimes, especially in the past three years, but they did indeed happen. Since the end of 2005 I have been literally fearing for my life, and that of estranged loved ones...etc. Please help us.

**Metal Object Shot at my Car in Kittery, Maine in Summer of 2015:**

This hit my windshield just a short distance from my open window and head and was done after a threat was delivered.

**Shot With a Laser Weapon in Portsmouth, NH on June of 2013:**

This gave me severe heart attack symptoms with a laser type of weapon that delivered an intense vibration aimed at my chest. When I moved I felt the vibration in my neck and head. My heart reacted violently. I experienced severe pain in my chest and could hardly breath for a while. It took a few days to completely recover.

**Inflicted With Anthrax in York Beach, Maine in 2009 or 2010:**

In November 2009, I rented a room in a rooming house in York Beach, Maine. Between the time of my looking at it and deciding to rent it, the manager told me that a couple of Navy boys had just called to rent two rooms after I left.

On the evening of December 23rd my lungs had a strange reaction to something directly after I climbed into bed. On December 24, 2009 I worked through the day while enduring the worse type pain I'd ever felt in my lungs. Later that night I was sitting in the kitchen when one of the Navy boys came in, took a phone call and then rushed out the back door. I suddenly felt like something was wrong. I rushed to throw my belongings into my car, but was hit again, while in that process. I went to the hospital but they seemed to think I was just crazy, because I said I was being targeted.

Through the next few days I remained in a lot of pain, had a hard time breathing and continued coughing up globs of mucus that had little back dots in it. Someone told me that it sounded like symptoms of anthrax. But as I went to another clinic to be tested they referred me to a government agency who told me that there had just been an anthrax exposure reported and they were suddenly flooded with phone calls, from people who feared possible anthrax exposure, and mine got lost in that shuffle. This sudden anthrax scare, right at the time when I was trying to be tested for it, feels like too much of a coincidence and is typical of the distractions set up to cover the targeting.

As I recall this chain of events, now that I am a lot more aware of the tactics of those who target me, my mind is filling with questions; Why would the Navy send people after me, and if they did, would they foolishly make it so obvious? Were those guys REALLY from the Navy or did someone just want me to think they were? I am recently realizing that the more lethal parts of the targeting are often surrounded by manipulations designed to make us blame the wrong people. I now feel that this was probably one of them.

**Loss of Brakes Near Needles California in January 2009:**

On highway 40 I suddenly experienced the loss of my brakes and what appeared to be the microwaving of my vehicle. The whole electrical system

went down and stopped the vehicle, which started rolling backwards toward a cliff. I shoved a block of wood under the wheel and called 911 for help that never arrived. This was after I had tried to report being drugged and raped at a driving job and had sent a sample of drugged water to the LA FBI. . .and after visiting a woman whom I now realize was connected to a group who was part of the targeting. I had the truck towed and a garage attendant told me that BOTH rear brakes had been "over adjusted" causing them to fall apart and malfunction. Oddly, he had me go in after hours, in order to help me through telling me that someone was trying to harm me. He said that, if he had told me as an employee of this garage he'd have been fired. I found this odd. But I am now concerned that worse may have happened to him since I have realized that I am held under surveillance by those who target me. They probably know that he helped me and was an important witness.

#### **Attempted Murder on Saint Lawrence River in Alexandria Bay, NY in 2006:**

In 2006, I was aiming to photograph Light Houses for a series of gift cards and Poetography prints, which I was creating for my work. I'd shared this with people and was asking about how to get to a light house, when a man told me that some could only be viewed from the river. He offered to take me out on his boat to a few Light Houses on the Saint Lawrence river in Alexandria Bay, New York, which is where I was at that time. I took him up on the offer and got two great pictures. But something odd happened out in the middle of the river he turned to me and asked if I could hand him his jacket (or something) at the back of the boat. I stood up and went to the back of the small boat and then he suddenly full throddled it. . .nearly knocking me overboard. Thank God I was able to grab something, which prevented it. He behaved strangely (very quiet and hardly looked at me) after that. Oddly, at the time, I did not even think that he had done this intentionally. I'd thought he had probably slipped and fell into the throdle. . .or something like that. But I now feel that it was an intentional attempt to harm me. . .possibly even kill me.

This happened within a month after I had told someone that I was drugged and raped by a couple members of the occult I was being targeted by - it happened as I was fully facing what had happened to me and as I was aiming in the direction of reporting it.

#### **Diagnosed with Lupus in 2006 in New York;**

After I reported the rape and after the attempt to make me fall off a boat, I suddenly got really sick and went to the emergency room. A doctor too blood tests and said that my SED rate was dangerously high - that I was near death. Another doctor ruled out other possible causes with new tests and said that I had lupus. (I now feel sure that this was microwave induced.) Shortly before January 18, 2006 I publicly declared that the Lupus, which I'd just been told I had, was caused by harmful energy that was being directed at me from a dark occult. This conclusion was partly due to sets of dreams I'd had, which appeared to be warning me that I was sick due to harmful energy being directed at me. (At that time I was not aware of the microwave weapons, which I now feel it was being done with.) After publicly sharing this I was attacked so severely that it nearly put me back in the hospital. Around this time my business email address had been taken over and I was being heavily lasered while driving, so badly that they appeared to be trying to make me get into an accident, especially as I aimed to leave the area - Clayton, NY.

#### **Parachuting Accident in 1999 or 2000:**

I went parachuting with someone. The instructor, whom I was lined up to jump with, suddenly decided to take someone else before me, because that person was in a rush. Then the instructor told me that, on that jump, which I was lined up for, his parachute failed and he ended up having to cut it off and open an emergency back up shoot. He was so shaken, he said, that he was not doing another jump that day. I never got my turn, which is probably a good thing for both of us.

#### **Attempted Murder in Peru in 1999;**

While hiking the Inca trail the leader of my group was overly persistent with wanting to help me over dangerous parts of the trail. Aside from him I was the most experienced hiker in the group. I kept refusing his help, but he persisted. During the one time when I relented and took his hand, to round a dangerous drop off, on the tall mountain that juts up above Machu Pichu, he suddenly let go of my hand - pushing it outward as he appeared to have tripped. Luckily I'd still had my left hand on a rope and had not been fully relying on him. The drop would have surely killed me. I now feel that his "tripping" at that moment was not accidental. This trip was suggested by a friend of his - the woman whom I had just told about the dreams I had about something bad being put into public water supplies and about her taking bad water to children at a school.

That first trip was so bad that I vowed to return to Peru by myself. This second trip was in **September 2001**. And to make a long story short, it was filled with so many odd occurrences that they can NOT be viewed as coincidence. On the day I was to return to Cusco from Machu Pichu, the train suddenly broke down and I was flown out in the cargo part of an old helicopter, where the stench of gas was almost too much to bear and left me feeling sick. As I aimed to fly from Cusco to Lima, on my way back to America, the flight was suddenly canceled or late and I was rerouted onto another flight, which I was told was the last one to leave due to it reaching a time of day when it was too dangerous to fly over the mountain range that I was rerouted over, in order to catch another flight that would then take me to Lima. The flight was terrifying for all passengers. The plane kept dropping out of the air. We thought we were going to crash on a number of occasions. People were screaming and vomiting. It was horrible. Oddly, the attendant, instead of apologizing to the passengers, had smiled and said, "I hope you enjoyed your flight" and some passengers became enraged and yelled at her.

#### **Dumped beneath dangerous rapids in an ice cold river in Andover, NH in late 1990s:**

A man had tried to harm me while we were white water rafting. The raft was stuck at the base of a waterfall and he stepped onto a rock, climbed out and tipped it over, dumping me under a powerful water fall that held me under the water. Then he kept pulling the raft away from me as I surfaced choking and groping for it. I nearly drowned - I inhaled a lot of water. We were rescued from an island by one of my neighbors, because I refused to get back in the raft with him. On another occasion he had thrown a 4x6 timber at me, through a window in my home. On another occasion he'd tried to inconspicuously shove my hand into a running saw blade by pushing on a board I was about to cut, while pretending that he was just trying help me by adjusting it. This man was obvious operative for those who target me. I was in a relationship with him for about 3 years, during which time I now feel that he was drugging me and harming my daughters as well. (He was also the one who later told me that he was concerned about his little brother dieing just before my little brother died.)

#### **Unexplainable Loss of Head Lights on my car in NH in the late 1980s and early 1990s:**

The head lights on my car would suddenly stop working while I was driving in the dark. Mechanics couldn't find anything wrong with it. This never happened when my husband drove it. But it kept happening to me. I now feel that this was being done remotely and to stop me from visiting my step father, whom I now feel certain was being murdered with microwaves. Oddly, I can not remember the year but it was in the late 1980s to early 1990s.

#### **The Mill Fire in New Boston, NH in 1980:**

In the spring of 1980 I was between 7 and 9 months pregnant, and at my father's home baby sitting my twin niece and nephew, when a fire suddenly broke out in my father's shop. I saw the smoke through the kitchen window and rushed upstairs to get my little brother. (We were the only ones there - my father had gone shopping.) While my brother raced outside I picked up the phone, but it was dead. (There was no reason for the phone to have not been working - the fire was not near the house or power lines.) I was unable to call for help so I rushed outside, where my brother was trying to access the building and move my father's trucks. I yelled for him to take my car to a neighbor's house and call the fire department, because I was caring for my little niece and nephew.

He raced off in my cougar and a few minutes later, our closest neighbor drove into the yard with two other men crammed into the cab of his truck. "You'd better move that gas tank or the house will blow up with it," he called out as he turned around and all three of them drove away, leaving me

there, obviously pregnant and with two scared and restless 4 year old children. Fear gripped me at this point. The flames were circling around a diesel fuel tank and getting closer to the larger gas tank he'd referred to. I rushed the children to the other side of the house, in case it exploded. And every minute felt like an hour while I waited for help to arrive. There was no way that I could move the gas tank by myself even if I did not have to take care of the children.

Meanwhile, a tire fell off of my car while my brother was racing for help. (The lug nuts had been unscrewed.) But someone happened by and the fire department was eventually called and arrived after the building was mostly burned down. This was an old farm building that was about 200 feet long and 50 feet wide.

The cause of the fire was never determined. Nobody, that we knew of, had been in the building for about an hour, and so it was assumed that it may have been caused by a smoldering spark from a grinder that my older brother had been using before he left.

Rumors spread that my father torched it for insurance money, which added to the distress. He'd have never done such a thing. It was not even insured. I have recently realized that the false rumor is a typical pattern of the type of targeting I've been experiencing - the exact same rumor was spread when my home was destroyed in a suspicious fire almost two decades later.

Now that I know we are being targeted, it's like another puzzle piece clicking into place - it appears that the fire was set and that the phone and vehicle were disabled, in order to prevent help from arriving. (This property was a large farm and was 4 miles from the center of a small town.)

#### **Motorcycle Accident in Goffstown, NH in 1977:**

In the 1977 summer, while my mother was in the hospital, an elderly man pulled out in front of me. My bike, struck his car sending me flying over it and landing hard on the pavement where I remained, in horrible pain, until an ambulance came. The arrival of the ambulance ended up being an extended period of time, because, one of the EMTs suddenly started having heart attack symptoms and the driver was forced to turn around and bring him to the hospital, instead of picking me up. (This was on the front page of that week's local news paper with a picture of me being hauled off on a stretcher.) Meanwhile it had started to rain and a couple of police officers were holding a tarp over me until a second ambulance could get to me.

Another unusual thing about this accident is the way someone, who had witnessed the accident, had run out yelling and screaming at the elderly man who'd pulled out in front of me. "Look what you have done! You've killed her!" he screamed. Now, in looking back at it, it seems like this was staged.

#### **I was run off the road on route 101 in New Hampshire in 1975 or 1976:**

I ended up in a serious car crash that destroyed my car, broke my collar bone and gave me a concussion. There was a witness to this. I must have gone unconscious for a little while and, when I came to, a police officer was standing at the door of my car and a woman was crying out, "they just ran her right off the road!"

I was taken to the hospital and tortured by a doctor who had two orderlies pin me down, without ever explaining what they were doing, while the doctor shoved my collar bone back into place. (This same doctor also tortured my little brother through stitching his head with no novocaine...etc.)

My mother must have sensed something wrong, because she came to the hospital and took me home, against doctors orders, while I was so drugged that the details are a bit foggy. Shortly after this, my mother was diagnosed with leukemia and we lost her just before Christmas in 1977.

#### **Sudden loss of brakes in Goffstown, NH, In 1976:**

I approached a stop sign, went to hit the brakes and the pedal went to the floor - I had no brakes! I flew right through the stop sign at the corner of route 13 and Bog Road and almost hit a truck, and then plowed into a snow bank in order to stop the car.

Exactly why the brake fluid had suddenly drained out of my car was a mystery and the mechanic/friend who had worked on the car, prior to the brake loss, assumed that maybe he had absent mindedly left a wrench on the bleeder and it had loosened the bolt as the car bounced over bumpy roads. None of us had even considered the possibility that someone may have intentionally drained the brake fluid out of my car, because I had no idea that I was being targeted or that anyone would want to harm me.

But I now believe that this is most likely what had happened. I have learned that the targeting is often set up to place blame on someone else. Tampering with my brakes after a mechanic had just worked on them would be the type of timing they'd leap to take advantage of.

## **The Targeting of My Homes**

The most obvious targeting events have included the taking or destruction of my homes. I may not be able to prove most of the details, especially if things are covered up and witnesses are targeted into silence one way or the other. And unfortunately it looks like this has already been happening to some degree. But my statements below are true.

#### **The NH Department of Transportation Taking of my Loudon, NH home in 1995:**

There appeared to be repeated attempts for perpetrators to take over my country home, on the corner of route 106 and Staniels Road in Loudon, NH, after my husband and I divorced. Two people offered to buy it and let me continue living there. Two had tried to actually move in with me. All of it was done under the guise of help and by those whom I am now realizing were part of a perpetration infiltration into my life in the early 1990s. I had refused all of their offers. And then the DOT took my home under their rights of eminent domain.

The process of the DOT taking my home was dragged out, leaving me in an uncomfortable position, financially, because their plans to put a road through my property were preventing me from selling a commercial part of it and from freely continuing my in home business.

At one point I had called a news paper reporter with the hope that some exposure would help swing things into a more positive direction. But the reporter stopped by the DOT office before coming to my house and the DOT called me while he was driving from there to meet me, and informed me that everything was looking better and set the date for the closing. I didn't realize that this was a manipulation at the time. I had believed that things were genuinely swinging onto a better course and that there was no point in pointing out the negative details to the reporter. When the reporter got to my house, I told him that the DOT had just called and that everything had changed. "I'll bet they did," he said. The phone call from the DOT and my lack of awareness set the course for a news paper article in the Manchester Union Leader, which made it all appear like it was a good thing. But it wasn't and things got worse. . .and it seemed like there was nothing I could do to stop any of it. Local lawyers even refused to help me.

The closure date was delayed after I'd shut down my business in preparation for the move. This left me with almost no income. An official at the DOT suggested that I go on welfare. I was mortified. (The aim to sabotage my homes and work and try to push me into welfare or disability is a strong pattern in the targeting.)

I remember getting a call from a DOT official after the news paper article came out. He told me that it would be best if I did not talk to anymore reporters. And then he said that he was friends with the president of the bank who held my mortgage and was having dinner with him. After this he said something like, "Do you know what I mean?" But I didn't know what he meant, at the time. I thought it meant that he was going to put in a good word for me. I followed through with my plan to visit the president of my bank, explained the situation to him and asked if I could make lower payments - just the principle part of the mortgage, until the state followed through with the purchase and it could all be paid off. Within a couple days a really mean sounding thug called and said that my home would be immediately foreclosed on if I were to be late on just one payment. This was shocking, because I had NEVER been late on a payment and had perfect credit. I had gone to talk to them, with the hope of preventing such problems.

A friend's father had stepped in to help me. I think he had called the DOT and then he come to the closing, which is probably what made things go better than they had been. (But that friend's family appears to have been targeted as well.)

During the taking of my home I rented a room to a woman whom I now believe may have been drugging me. My reactions to the DOT became extremely uncharacteristic of me. At one point I wrote F----- You in a letter to them. This word was not even in my vocabulary! And I had changed my name from Sharon Buck to Namatari Neachi in the middle of the process, which is also odd.

#### **The Fire in My Andover (Potter Place), New Hampshire Home in 2001:**

I am in the process of remembering more of the details, which surrounded the suspicious fire, which destroyed my Andover (Potter Place) New Hampshire home in 2001. Like other heavy parts of the targeting, it was surrounded by extenuating circumstances and odd chains of deaths and events, but this is just about the fire. Around the evening of May 7, 2001 I arrived home from shopping and my house was on fire. There were a few odd things that surrounded the fire and the process of putting it out. (Oddly, an operator recently told me that the address of this property does not exist!)

1. I heard that there were two other fires on the same night. And I think that the first responding fire department, which took charge at my house, was not the local one. As things seemed to drag on with what appeared to be no attempt to put out the fire, a local fireman, who was off duty, tried to find out what was happening. I remember him apologizing to me and frustratedly saying, "I'm not in charge here." Apparently they sent him away.

It was hours before a pool of water was set up in the yard to extinguish the flames. The odd thing about this was that I had a large brook in my back yard, which the local fire department had used for a practice drill, to help me fill my swimming pool with water, just a few years before this. The water was already there and this was well known by the the local fire department.

2. After the fire was finally out, and the fire trucks were pulling out, a police officer came to me and asked if I wanted him to call the fire marshal and have an investigation started. As I thought about it he said, "I would if I were you." And I agreed.

3. The fire marshal, and a few other people investigated for a few days. The marshal told me that the burn pattern was suspicious - that due to his findings, and a police report, it looked like the fire was put out in one room and then restarted in another room.

The fire marshal was trying to figure out how the fire jumped from one room to the other without the normal burn pattern. He'd repeatedly asked me what was in the room, where the fire appeared to have been restarted, but my mind kept going completely blank; for some odd reason, I could not remember what was in that room, while they were there and questioning me. It ended up being listed as an unknown cause.

I later remembered what was in the room, because it was the room, which contained my most cherished personal belongings, and I soon started missing them. It contained my journals, where I had logged nearly three decades of experiences and dreams; notebooks filled with over three decades of my poetry; the final manuscript to a book, which I'd just written on the subject of "Embracing Feelings" and avoiding psychiatric pharmaceuticals; thousands of dollars in cash; my address book - all of my personal contacts; my clothes...etc. (Please read this article; [www.targetedinamerica.com/psychiatry.html](http://www.targetedinamerica.com/psychiatry.html))

4. Shortly after this fire, another fire broke out in the storage bins where I had stored what was left of my belongings. I have reason to believe that this was NOT a coincidence.

#### **The Alstead, NH Flood and the Rape in 2005:**

Near the end of 2005 a flash flood wiped out my Alstead, NH neighborhood. This was reported to have been caused by a stalled storm and a plugged culvert. I now believe that the storm was probably stalled by weather modification technologies and that the culvert may have been intentionally plugged.

After the flood, a couple zoomed in to "help" me, because I no longer had a home to go to. When I got to their home my vehicle was boxed in so that I could not leave without them moving their own vehicles. (There was plenty of room for this to not have to be this way) While I was there I was drugged and raped and lost over a week of time. During my week or two that I was held there I was also brainwashed into thinking that I was responsible for the deaths of the four of my neighbors who died in the flood.

When I later reported the rape to their local police chief, nothing was done about it and the tire on my car suddenly went flat while I was in the police station talking to the chief. He seemed involved and other weird things happened, which I may share later.)

#### **Vandalizing of my RV in Mohave Valley, Arizona in 2011 and 2014:**

By this time I had been targeted so much that a beat up RV was all I had left for a home. In 2009 it had been sabotaged, even the fixing of it sabotaged, and I ended up putting it in a storage yard. In the Fall of 2011 I had just gotten a job, and had expressed to someone that I was going to fix my RV as soon as I got enough money saved. Within a couple weeks, I got a call from a police officer, who informed me that my RV had just been vandalized. It was vandalized again in 2014.

## **Sabotaging of my Vehicles**

I have experienced what appears to be remote attacks to my vehicles, which have drained or destroyed batteries and stopped the engine from working, either breaking something or just leaving it un-startable at strategic times. (This was happening severely in 2008, 2009, 2011, 2012, 2013, 2014 and for a period of time in 2015.) My driver side windshield wipers have been repeatedly damaged at eye level. Something has often been sprayed on my windshield that makes it almost impossible to see out of when it gets wet. Some sort of chemical that causes erosion appears to be put on at least two of my vehicles. . .once on my break line which broke while I was driving in 2012. My radios have often been broken or interfered with. Something like salt has been put in my driver side doors through the window opening. I have experienced things being shot into my tires, a screw, metal object and a bullet. I have experienced the sudden unexplainable disintegration of part of the fuel injection system, causing gas to literally pour out into the air filter and onto the ground. I have experienced episodes of unexplainable electrical problems in vehicles. I have experienced repeated episodes of my oil filter being unscrewed. . .and bolts removed from the transmission once. I have experienced an unusual amount of belt breakage and brake losses in vehicles. I have experienced things being moved around inside my vehicle. . .a knife was once placed in it...etc. I now get ongoing threats to disable my vehicle, which is now my home and contains all I have left of my writings. (This is happening again as I write this.)

## **Laser, Microwave and Psychotronic Weapon Attacks**

I have experienced ongoing weapon attacks of various types. Most of it appears to be to interfere with my brain function. Some of it is to inflict physical pain and threaten me with heart attack symptoms and attacks to my lungs and throat. I have had burn marks on my body and have experienced ongoing attacks to my pubic area, severely since the fall of 2013. I have experienced literal brainwashings and attacks to my brain that appear to instigate abnormal feelings of anxiety or anger at strategic times. I almost always hear the ring of microwave weapons in my ears and, aside from the obviously painful attacks, I am periodically inflicted with microwaving that causes things like extreme fatigue, intense heat or sudden bloating of my whole body. The technological targeting sometimes suddenly backs off at times and I have been deeply concerned that this may be done to prevent detection - that those who target me seem to know if possible help is zooming in. It also appears that the opposite happens - it vamps up on interference with my brain, or my writings, at strategic times, in order to make me look crazy or bad at strategic times.

## **A Sample of my Recent Experiences With Electromagnetic (Microwave) Targeting**

Aside from the technological targeting I experience ongoing covert harassment, which includes being stalked and delivered confusing cryptic threats and other messages....etc. One of my survival techniques is to do my best to ignore as much of it as I can, so I rarely write them down. I also do not write down all of the technological stuff. I often do not notice exactly when the technological attacks stop, especially when they slowly lessen, because I try to ignore it and focus on other things, in order to bear the pain.

When gaps appear in my logging of dates and times it means that I am being hit too hard to even want to write, or that its just about the same as usual with no heavy vamp ups, or that I am getting one of those rare breaks from it. Rounds of targeting appear to have gradually vamped up over the decades. It has been really bad since around 2001, after I had written my "Embracing Feelings" book and had shared a prophetic dream I had about criminals working underground and contaminating a public water supply...etc. But the worst of it has been since 2005 after I was isolated from most avenues of help and was financially ruined.

These are rushed statements, so please excuse their dysfunctional nature. I am writing this on infiltrated computers so I hope it is not tampered with. But they are copied from my hand written journals, so the originals still exist.

**How do I know that these are weapon attacks? Because of the timing of them and the fact that they often come with verbal threats...etc. With the field of psychiatry being used in the targeting. . .to inflicting false "mental illness" labels and drugs that aid technological mind control, there is a grave danger for Targeted Individuals – a danger that could have worse results than a physical death. This makes it scary to even report these crimes to anyone who could force us toward a psychiatrist, in order to prove our sanity - prove that the targeting is really happening, which I hear has happened to many healthy targets. I beg you to shift toward proving these crimes with honest, unfiltered radio wave detection and medical tests for radiation, cell structure damage, brain damage...etc.?**

April 11, 2015

6:00am Sudden, short blast of severe pain in my chest as I woke up.  
10am Sudden, unnatural urges to go to the bathroom as I try to write. Also unexplainable glitches in my computer program. Spent hours doing s system restore and reinstalling my Quark program.  
Steady intense ring in my ears and foggy thinking through most of the day.

April 15, 2015

AM; Steady ring in ears, foggy head, shortness of breath, pain in head as I work on fixing article about the Psychiatry connection to the targeting and find the address to Dr Caplans video altered.  
6:43pm Sudden vamp up in microwaves as I silently pray for it stop. Pain in head, shortness of breath, loud ring in ears, facial muscles tightening. (This is often accompanied by numbness in parts of my face.) Puppet messages seem to be accusing me of something, "I screwed that one up" and "I can tell by the way she says it." I have no idea what they are talking about, as usual.

April 16, 2015

Heavy round of puppet activity.  
6:46am Message delivered through a radio loudly saying, "I think she is a liar and a co-conspirator and she should go to jail." This reminds me of when they loudly said, "You are responsible for two deaths," a year or so ago.  
My lips are feeling numb in the past couple days.  
6pm Microwave attack to my head. Pain across forehead and loud ring in ears as well as tightness - like my brain is in a clamp.

April 17, 2015

3pm Sudden pain in back right side of head.

April 18, 2015

Steady debilitating microwave attack - pain in head, muddled thinking, loud ring in ears. Song they played, "Have to believe we are magic. Nothing can stand in our way."  
PM; Severe attack continues - keeping me awake.

April 20, 2015

5am Woken by heavy torture.  
8:02pm Heavy laser shot to back right side of head. Took a nap and was again woken by sudden infliction of pain in my head while I was having a dream.

April 21, 2015

Was kept awake most of last night.

6:30am Woken by heavy ring in ears and pain in head.

April 22, 2015

10:23am Short weapon attack to head - the one that feels like my brain is in a painful clamp.  
PM; Puppets are yelling out thing like "F\_\_\_\_\_ you" (Lot of negative covert messaging lately.)

April 23, 2015

11:21am Microwave attack as I work on book of poetry.

April 24, 2015

Severe pain and heat in my head all morning.  
5pm One form of attack stops and other one starts in my brain.

April 25, 2015

AM; Feel like I have been drugged - very sluggish.  
12:00pm Microwave attack on head.  
1:00pm Sudden worse pain in head. Heavy ring in ears. Heavy ring in ears all day.  
1:24 Sudden severe pain in back right side of head.

April 26, 2015

Mild weapon attacks and ring in ears all day.

April 27, 2015

7:39am Sudden pain in back right side of head and loud ring in ears.  
Noon; Experiencing a lot of unusual anger.

1:00pm Microwave attack causing speed up in heart beat, pain in head...etc. (This form of attack has happened a lot and I rarely write it down. I usually just try to deep breath until it passes.)  
PM; Heart attack symptoms - pain in heart and left arm. The pain suddenly stopped when I shielded it with my arms and the side of my car. (My heart is in good condition and doctors have told me that there is nothing wrong with it.)

April 28, 2015

Pain in left arm and heart through morning.  
2:58pm Sudden pain in head.  
Lasering of my heart and my tooth continued all afternoon. My computer is repeatedly remotely shut down as I get angry with them.

April 29, 2015

Steady ring in ears all morning  
12:44pm Sudden infliction of pain on top of head and in temples.  
Puppet walks in front of me holding a sore back just before I have a sudden infliction of pain in my back. (This sort of thing happens a lot.)

April 30, 2015

Difficulty sleeping last night.

May 1, 2015

3am heavy painful laser shot.  
Pains shooting into top left side of brain were happening off and on through most of the day.

May 2, 2015

5:30pm Microwave attack - inflicting the usual Lupus type symptoms - pain in head, weakness, shortness of breath...etc.

May 4, 2015

3am Sudden digestive problems. (These happen often and appear to be microwave induced, due to the timing. Most of the time, I do not write them down.)  
4:59pm Sudden pain in head - brain feels like its in a vice grip and face muscles hurt.

May 7, 2015

8:30am Sudden infliction of pain to back right side of

head.

11am; Pain intensifies as I remember events around a suspicious fire in my Potter Place, (Andover) NH home.  
2:15pm Sudden blast of microwaves as I begin to realize certain patterns in the targeting.  
Am experiencing a lot of puppet messages saying things about "aging".

May 9, 2015

9am Infliction of pain and heat in forehead and top of head.  
9:30pm Sudden attack to lungs - sudden burning, pain and tasted like I was coughing up blood. (Was not sick before or after this attack.)

May 10, 2015

5:45pm Sudden infliction of pain in back right side of head

May 11, 2015

Heavier than moderate attack - pain in forehead and top of head with a loud ring in ears.  
9-9:30am severe attack to top left side of brain causing intense pain even in my face and neck, which vamped into extreme torture after I wrote a blog post about the attack. The attack flipped from my head to my chest to my stomach and back to my chest before returning to my head as I posted it on the web. (This is not the first time this sort of thing has happened and is partly how I know that the pain is not natural and is indeed being done by laser weapons...etc.)  
1pm severe attack has stopped. Just loud ring in ears remains.

May 12, 2015

4:28pm Quick, mild attack to my chest.

May 13, 2015

5-6am; Am struggling with ongoing vaginal pain and itching since the fall of 2013. Sometimes when I itch myself, even in private, they beep horns or slam doors. This happened today. My discomfort in that area is more intense right now.

May 14, 2015

Cried myself to sleep last night.  
AM; heavier than usual ring in ears.  
3:40pm Sudden vamp up of pain in my head directly after I ate something. (I have been through several rounds of them doing this to try to make me think that the attack is from the food or water or the car that just pulled in. But it not - its microwaves and I can feel them being the same weather I eat or not or am near people or elf waves or not. These attacks are done very remotely - from the sky)

May 15, 2015

10:04am Sudden, very short attack on brain.

May 16, 2015

10:36am Weapon attack on brain and computer keeps being shut down. Deep pain in back left side of head. This is happening as I try to write about the targeting.  
2:40pm Torture levels of microwaves into my brain!  
Sudden shot of pain to my left side as I go onto the internet.

May 17, 2015

Lot of discomfort in vaginal and rectal areas, which gets worse when I try to do things to make it better - nothing relieves the pain, burning and itching.

May 18, 2015

8am Moderate ring in ears.  
9am Sudden rush of heat in body and sharp pains shooting into top left part of head.

May 19, 2015

8:45am Woke to two puppets loudly saying, "Come on," while walking dogs next to my car. (This is a common occurrence)  
7:30pm Sudden sharp pains into top and back of head.

May 21, 2015

In middle of night pain suddenly started in head and in eyes.

May 22, 2015

1-2pm Computer keeps being shut down as I revise the web page on "Weapons."  
I am experiencing sharp painful stings, on my head, back and legs, since yesterday - like bee stings but there is no bee. This is happening as I persist with revising the Weapons page. (I have experienced periodic rounds of this sort of attack. I usually just ignore it and don't even write it down.)

May 23, 2015

Steady heavy ring in ears most of day. Bug bite attacks have stopped.

May 24, 2015

12-2pm Microwave attack started as I put new "Weapons" article into three of my books on the web. Torture level with pain and nausea.

May 26, 2015

Sharp pains shooting into top of head all morning.

May 27, 2015

Heavy lasering around noon.

May 28, 2015

8:30-9am Heavily microwaved after I made sarcastic comment about a web page on mind control.  
I put signs on my vehicle windows, which say, "Please stop the covert war" and [www.targetedi-america.com](http://www.targetedi-america.com)

May 30, 2015

My car is suddenly making weird noises today. The tape on my window signs starts suddenly unsticking, as if they have been exposed to extreme heat.  
7pm A puppet asks, "Are you in pain?" and then pain in my head starts.

May 31, 2015

Computer is again repeatedly being shut down remotely as soon as get onto the web.  
Lot of pain in arm, hip and upper leg since yesterday.

June 1, 2015

Lot of emotions coming up. Still a lot of pain in arm, hip and upper leg.

June 2, 2015

8-9am Car suddenly breaks down as instrument panel goes haywire...etc. Seems like the same sort of microwaving that happened to my other car a year or two ago. Electronics go crazy and then its dead and I'm stranded on side of road. But was able to get it fixed. They said they replaced the driver steering pump with a used one.

June 3, 2015

Heavy ring in ears, but not much more than what I experience through most of almost every day.

June 4, 2015

My car is suddenly rapping and making weird noises again. And its severely leaking power steering fluid since the serpentine belt suddenly frayed and I had it

replaced just a few days ago. Puppets are emitting threatening messages like, "Seen my last day..."

June 6, 2015

Heavy microwaves.

June 7, 2015

Weapon attack to my head as I intensely prayed. This is the clamp type of weapon attack that causes both pain and pressure and most often no ring in ears at the same time.

8:26am Same sort of weapon attack again.

9:30am A strange car accident happens right in front of me.

3:49pm Another weapon attack as I prayed.

June 8, 2015

Microwaves vamped up again last night and this morning, effecting my brain, eye sight and lungs.

June 9, 2015

Pulley near the serpentine belt is being replaced. Lot of unusual anger surfacing. Lot of dead animals are being left on the roads I frequent and threatening remarks by puppets.

June 13, 2015

Car is back to a fraying serpentine belt that was just replaced with a new one. Am in extreme distress through these days and did not even write any of it down.

June 14, 2015

11am weapon attack to my brain as I cried and prayed.  
In extreme physical pain - being tortured through most of today.

June 15, 2015

Another torture level weapon attack when I cried this morning.

June 16, 2014

The new serpentine belt on my car is again fraying.

June 17, 2015

Sudden infliction to my lungs starts along with the pain in my brain a heavy ring in my ears.

June 20, 2015

3:30pm Painful attack to my head as I wrote about drugs in water supplies and children being targeted.  
4:45pm sudden unusual urges to go to the bathroom although I do not really have to go. (This often happens when I am writing.)

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(This gap will be filled later)

Sept 28, 2015

Pm; sudden onset of torture levels of pain in head, which included nausea, after I purchased a camcorder and did a small test video exposing the targeting. The severest levels of this lasted through the evening and half the night.

Sept 29, 2015

Have body bloating and swelling in my face, (worse than normal) as a result of last night's attack. Moderate levels of pain in my head, and interference with my brain, continued through this day as I aimed to do a video about my work and the mind control obstacle.

Sept 30, 2015

Moderate levels of pain in my head, and interference with my brain, continued through all of this day as I aimed to do another video about the targeting. I felt a sudden piercing pains in my throat as I tried to talk about the more critical parts of the targeting. And I experienced obvious interference with my brain as well. The pain in my head suddenly completely stopped directly after I posted this video on the web, then later picked back up again.

Oct 1, 2015

I felt a sudden infliction of what felt like a microwave attack to my lungs, which appears to be a cover up for the attacks to my throat - to make it look like I have a cold. I have no cold and it stopped as quickly as it began.

9:00am; another sudden burst of pain in my head as I think about perfecting the videos.

1:30pm; Extremely painful blasts of heat in head until early evening when it subsides and becomes just a loud ring in my ears.

Oct 2, 2015

Torture vamps up as I put four targeted videos into one. . .and continues on a moderate scale.

Oct 5, 2015

Moderate levels of torture continue for the past few days. Am surrounded by stalkers who are slamming doors and saying things like, "Bad girl." PM; I am up half the night and vomited.

Oct 6, 2015

I have been experiencing sleep deprivation since I picked up the camcorder to do the videos. Today I experienced what felt like a chemical attack. Sudden burning in my throat and nostrils, as if I breathed in something. This was followed by a lot of coughing. It appears that they are still trying to make it look like I just have a cold and that I was not being attacked while making the videos.

Oct 7, 2015

I was half the night last night - still experiencing unusual inability to sleep. Experienced another sharp stabbing pain in my throat as I was about to say something to a minister about the targeting.

Oct 8, 2015

I'm experiencing swarms of stalkers (puppets) parking around me and slamming doors...etc. (This often happens and I do not write it down most of the time.)

Oct 9, 2015

Sudden problems with my elimination system - have the runs and unusual bright yellow discharge.

Oct 11, 2015

8:18am: Felt a sudden stabbing pain in my throat and infliction to my lungs as I talked to a store clerk about a mild targeting thing. It suddenly stopped after I left. Then stabbing pain in my right shoulder that lasted an hour or two.  
3:33pm; Torture levels of pain suddenly start in my brain directly as I work on videos again and re-post some.

Oct 12, 2015

AM; Woke in pain, light headed and dizzy. 10:00am; torture continue on moderate scale - heat and pain in head and loud ring in ears.

Oct 13, 2015

Woke crying for the children who are being targeted. Sudden back off in the technological targeting. I worked on a video for the children all day. Tortured for only a short time, while I am posting the video on the web.

Oct 16, 2015

AM; lot of lasering of pubic area. (this is an ongoing thing and do not always write it.) Lot of interference on the web today. I found my facebook "Targeted in America" page switched to private and the spelling of the title altered.

Oct 18, 2015

Woke feeling sad. I silently prayed and cried for a couple of hours.  
10am; Torture levels of weapon attacks to my brain.

Oct 20, 2015

Heavy weapon attack to my brain as I woke. Sudden infliction of pain in my hips and back as I was waking. When I experience rounds of this it appears to be to draw attention away, from or make me forget, a

dream I had. Experienced foggy thinking and heavy ring in ears all day.

Oct 21, 2015

AM; heavy ring in ears, blurred vision and mentally sluggish.

Oct 22, 2015

PM; lasering of back of my head.

Oct 23, 2015

AM; heavy electronics - loud ring in ears, pain in head and foggy thinking.

Oct 24, 2015

Heavier than normal electronics in head all day.  
11pm; Very loud ring in ears and can't sleep.

Oct 25, 2015

Steady electronics all day, ring in ears and pain in head. It appears that I am getting covert threats through puppet who insinuated that I kill myself in order to save other people. I wrote that God wants us to live and a truck with a license plate that abbreviated "live to kill" pulled up next to me. . .and a song in the next place I went into was, "if I saw you in heaven..." (These sorts of media and puppet messaging are ongoing and I do not write most of it down, because I try to ignore it.)  
11:14am; Heavy laser shot to back of my head.  
Sudden heat and pain.

Oct 26, 2015

9:00am+; Car pulls out in front of me appearing to try to make me crash into it. I had to quickly veer into oncoming lane, which luckily had no vehicle in it.  
10:30am Heavy interference with my brain starts as I aim to meet a minister who wants to talk to me about my family of origin whom he'd tried to pull together I before closed the door to it. Very difficult to bypass the brain interference, which tried instigating literal rage.  
10:50am; microwaves vamped up severely as I sat and waited for the minister.  
3:00pm; another car yanks out in front of me, though I have the right of way, at a rest area, in the same place where the same thing happened a few days ago.

Oct 27, 2015

Still experiencing electronic interference with my brain as I think of family stuff.  
PM; I cried heavily and experienced a painful weapon attack to my brain.

Oct 28, 2015

Early am; Sudden inflictions of pain in my back legs and hips. Experienced sudden infliction of severe pain in my head - torture level with nausea, as soon as I woke.  
PM; Electronic torture continued all day.

Oct 29, 2015

Torture of brain continues! I feel drained, exhausted, beaten. It lets up by noon, but then starts back up after I talk about God working through many Hearts to save humanity.

Oct 31, 2015

As I prepare to do a 13th edition of my "Ramblings of a Targeted Individual" book a puppet says, "If you can stay awake." 9am to noon; I cannot stay awake. I nap for over two hours and forget my car doors unlocked.  
1:40; Extreme fatigue. Having difficulty staying awake. (This happens to me a lot, especially when I aim to write or try to report the targeting or work...etc.)

Nov 2, 2015

5-6:00am; mild weapon attack on brain stops by 7am. Ring in ears remains mild (often unnoticeable) all day.

Nov 3, 2015

AM; Heavy ring in ears and pain in head. Puppets

doors slamming around me... the usual type of attack on both levels.

11:00am; Sharp pains into top left side of brain, making that whole side of my head ache.

Nov 4, 2015

5:30am ring in ears vamps up as I think about our military and worry about them being controlled.  
11:00am Sudden weapon attack to back of my head directly after I refuse to join and begin to ignore a group of puppet musicians. Deep pain in back right side of head as well as loud ring in my ears. (I often get this sort of attack, with the same pain in the same place) when I defy or ignore obvious advances by perpetration puppets.)  
4pm; Torture stopped by now, but still have dull ache in head and ring in ears.

Nov 5, 2015

2pm; Extreme fatigue suddenly starts, while I drive, after puppet points to a bumper sticker that says something like, "asleep while driving."

Nov 6, 2015

7:55 am weapon attack to head.  
Lot of sudden body bloating. (like another round of the Lupus type microwaving.)  
PM; After doing a blog post about crop circles being done by same sort of weapons that are used on me (microwaves/electromagnetics/lasers) I experience severe heart attack symptoms, which I feel sure are from being lasered and not a real heart attack. This was very uncomfortable for at least an hour or two.  
Pain in my chest and left arm as well as difficulty breathing and a gassy feeling.

November 7, 2015

8:30pm Sudden heart attack symptoms again - same as yesterday. This time accompanied by sudden sharp pains in other parts of my body, which stop as quickly as they start. This attack happened as I published my third edition of "Poetic Voice of a Targeted Individual." These sorts of weapon attacks appear to be like death threats.

Nov 8, 2015

7:59am Sudden sharp pain in the back right side of my head as I write down a dream I had. This was followed by increase in the ring in my ears and shortness of breath - the usual microwave attack symptoms.  
9:20am; Sudden pain in head directly after sending an email to a senator.  
Moderate and mild attacks continue through most of day.

Nov 9, 2015

Very restless night - unusual for me.  
7:40am Weapon attack to head - sudden flash of heat and pain.  
8:35am Still heat and pain in head.  
Lately uncomfortable body bloating, unusual hair loss, difficulty breathing...etc. (Another round of the usual lupus type of microwave attack.)  
10:09am Pain subsides but ring in ears vamps up.  
11:48 Pain in head vamps up again.  
3:57 Lot of heat in head, mild pain. Feel extremely weak and tired.

Nov 10, 2015

11:54am Sudden short blast of pain in my head, along with a puppet parking next to me and slamming a vehicle door, while I work on this list of targeting events.  
9pm+- Heavy microwaving started - loud ring in ears and pain in head.

Nov 11, 2015

Heavy microwaving continued through last night and this morning but let up in the afternoon.  
I am feeling a lot of anger around an article I found in a Parenting magazine, which suggests that a child's sadness is signs of "mental illness." I am getting interference with my computer as I write a blog entry about this. My computer is repeatedly shut down and

turned back on as I try to resurrect the repeatedly vanishing video of Dr. Paula Claplan's statements about the dangers of false mental illness diagnosis.  
Late Evening; The battery on my car is suddenly drained and I am up until past 2am trying to complete my work, bypass the computer interference and find someone to help jump start my car.

Nov 12, 2015

9:54am I try to log into my email account and the page vanishes after I type in the access code sent to my phone. I have to do it over again and get a new one. I worry that someone is in my account, but, like all the other times, there is nothing I can do about it. I finish uploading Dr. Caplan's video, posting it on youtube and replace its broken links on my websites. (I feel that Dr. Caplan has been being targeted with mind control stuff, probably since she did this video.)  
11:30am Heavy microwaving as I address a letter to the UN after I printed out the post I wrote yesterday. Sudden onset of pain in head and vamped up ring in ears, diminished eye sight and mental sluggishness - the usual.  
1:06pm torture levels of pain in my head and shoulders as I post this list and last blog post in book and on web. Also a lot of interference on the web.  
9pm\_+ I experience a fast, sudden, sharp pain in my right but cheek, which appears to have been a laser shot. This happened after getting an email, which asked, "How can I get the heart but?"  
9pm\_+ I experience a fast, sudden, sharp pain in my right but cheek, which appears to have been a laser shot. This happened after getting an email, which asked, "How can I get the heart but?"

Nov 13, 2015

2-3pm Single heavy shot of microwaves to my head (deep pain in back right part of head) after I printed out a copy of this statement; [www.targetedinamerica.com/statement12.pdf](http://www.targetedinamerica.com/statement12.pdf) (I have found that printing my blog posts and pages makes it harder for them to alter them without it being obvious.)

Nov 14, 2015

8:00am I began crying and prayed and begged people to stand up.  
8:47am Short weapon attack to head - sharp pains and dull ache with heat building.  
1:31pm A white van pulled out next to me with a license plate that abbreviated "Face will ache." This was shortly after covert messages which basically said, "You are going to become one of us..." (Messaging on license plates is VERY common in the covert harassment part of the targeting. A few years ago I caught a puppet with a huge stack of license plates behind the seat of his truck. Apparently he had stopped to swap plates and did not see me walking up behind him.)  
1:49pm My facial muscles are tightening in an odd, unnatural way. Heat is building in my head. And I am feeling small sharp pains shooting into the top left part of my head as well as a dull ache in that part of my head. (Are they really going to damage my brain or are they just terrorizing me again? And can you imagine what it would feel like to wait and see? I pray that they do not succeed.)  
2:33pm As I post this the targeting is changing to a strange vibration type of feeling. . .then a sudden urge for an emergency bathroom run, which seems technologically induced and is happening a lot lately, especially when I aim to write.  
3:47pm Ring in ears and small sharp pains in head start back up.  
pm: I wrote out a statement about the targeting I'd experienced in Peru after copying these statements for government officials. I also work at replacing ads that were disabled on my blog [www.sharonpoeti.blogspot.com](http://www.sharonpoeti.blogspot.com).

In the past few days I am experiencing a lot of intestinal problems, which feel technologically induced runs to the bathroom. This is difficult, because I live in my car and have to drive to get to one.

Nov 15, 2017



am; heavy ring in ears and dull ache in head. . .and shortness of breath part starting up again.  
11-11:55am I rant and tell them that I do not want to jump into the puppet cars they send to "rescue" me. I beg them to stand up. Then I walk into a church where puppets are talking about Peru. Coincidence?  
12:26am Puppet yells out, "She's got larringitus."  
12:40pm Puppet yells out, "The ads - that's what its all about."  
4-7pm I aim to replace ads on my blog with proper size. And then my blog is no longer viewable on my browsers. I feel unusual amount of anger. It feels like my brain is being lasered into anger. I rage at those who target me. A puppet pulls up next to me and says, "Jesus Christ, I was just kidding." I rage on - blasting them for targeting people and accusing me of doing things just for money...etc.  
10:15pm I start my car and it is suddenly not running

properly. I pull out onto the road and it has no power. It stalls and I roll into the parking lot of a closed business. I feel certain that they have remotely disabled my car. (They have done this many times before.) I cry myself to sleep in the back of my car.

Nov 16, 2015

Worse than normal burning and pain in vaginal area along with the normal vamp up in microwaves last night.

9:56am My computer was shut down as I put my "Peru" statement on it and look for web access from the parking lot I'm stranded in, and it is remotely shut down.

Noon+; A tow truck parks next to me. I take a picture of it and my phone suddenly switches to a pop up box that says it has no more memory left, although it does. . .and I feel a sudden short infliction of severe

pain in the center of my chest.

Nov 17, 2015

6am+; severe torture begins shortly after I woke - like a laser drilling into my head above my right eye and spreading pain through my whole head. Its hard to function and focus as I finally call AAA to have car towed, although I know of no good garage who is not apt to just follow orders from those who target me. I have to tow it from one garage to another and there seems little hope of getting it fixed. I am stranded, homeless and have things in my car that I can not carry and can not lose. I'm scared and flitting back and forth between praying and crying and feeling numb.

**Of course I realize that "life" happens - that accidents, disasters and deaths naturally happen...etc. But there is so much that has happened to me, which is surrounded by chains of strange and unusual things, that it just can not ALL be cast aside as coincidental. And this list merely hits the tip of the iceberg. It appears that someone, has wanted me to be suffering, harmed or dead since the 1970s. And it appears that most (if not all) of the people whom I have been closest to have also been targeted in various ways.**

Why am I being targeted? I'm not sure. I think it may have started as early as the 1950s with technological experimentation on my mother in Canada. I have also wondered if it may have started with my uncle's family being targeted, because he worked for the FBI and I know of three FBI families who appear to be being targeted. It is possible that I have been being targeted by different groups for different reasons, because it has vamped up at times that make it look like it is because of my writings about embracing feelings and healing instead of taking psychiatric pharmaceuticals - **it appears that the field of psychiatry and its push for psychiatric drugs is part of the general targeting of humanity, which is probably why those drugs are being found in public drinking water in the USA.** (These pharmaceuticals aid technological mind control.) There is a lot more to this than can be put in simple reports. I need protection from further harm, in order to be able to more fully process this and clarify the details of many things.

**More can be found in my books and websites below;**

**"Targeted in America" book; [www.poeticpublications.com/booktia5.pdf](http://www.poeticpublications.com/booktia5.pdf)**

**"Ramblings of a Targeted Individual" book; [www.poeticpublications.com/bookram13.pdf](http://www.poeticpublications.com/bookram13.pdf)**

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[www.targetedinamerica.com](http://www.targetedinamerica.com)  
[www.poeticpublications.com](http://www.poeticpublications.com)  
[www.heartbud.com](http://www.heartbud.com)  
[www.sharonsbud.com](http://www.sharonsbud.com)

My previous names were Sharon Y. LaBree, Sharon Buck and Namatari Neachi.

P.S. Please keep an open mind when you read my writings. My computers are infiltrated and I even experience interference on library computers. I have recently found several alterations and there may be more; In this report the address, [www.heartbud.com](http://www.heartbud.com) had been altered, my first posting of it had been deleted from my website and the word "not" was erased from this statement: **"that they can NOT be viewed as coincidence."** In my plea for government help, in one of my books: I had written, **"Please expose the covert program, and its recruiting process, so that enslaved mind control victims can be set free"** and it was altered to, **"Please expose the covert program so that we can be set free,"** which suggests that I am in the program. And the date on the year that Daniel Nadeau died had been changed from 2015 to 2014. This whole situation is worse than difficult! I can not keep up with alterations to my writings when its often all I can do just to survive the torturous targeting.

**Again; as I send this report, like with previous ones, I am concerned about the normal process of psychiatric evaluations of victims of covert crimes. With the field of psychiatry being used to help perform the part of the crimes that forces people to take mind altering drugs after inflicting false "mental illness" labels, which can also lead to the loss of our rights through being declared "incompetent," there is a grave danger for heavily Targeted Individuals - a danger that could have worse results than a physical death. So, I am hoping that government officials will soon realize what is happening and not follow the normal protocol of psychiatric evaluations out of respect for our health and safety. Clearly, the only effective method of proving the technological parts of these crimes can be done through honest, unfiltered radio wave detection and medical tests for radiation, cell structure damage, brain damage...etc.**

I have faith that there are good people who have been doing what they can, but the infiltration seems strong, the silence still appears to be helping it to grow and **I am concerned that the covert "protection" and "rescues" are actually sly enslavement.** (Filters may even be built into new technologies, to prevent detection of low frequencies used for mind control.) **Please do everything in your power to help expose and stop these crimes so that victims can be set free and have a chance to recover.**

**Please help us.**  
**[www.targetedinamerica.com](http://www.targetedinamerica.com)**