

# ***A Lethal Combination - Microwaves, "Mental Illness" Labels and Pharmaceuticals***

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*"To combat psychiatric coercion [is] a noble task - a task in the pursuit of which we must, regardless of abstacles, persevere. Our conscience commands that we do no less." ~ Dr Thomas Szasz*

## **Connecting the Dots Between Microwave Targeting, False "Mental Illness" Diagnosis, Psychiatric Pharmaceuticals and Eugenics**

**Is it a coincidence that the field of psychiatry is suspected, in Bernard Schreiber's research, to be involved in a continuation of eugenicidal crimes against humanity since Hitler's holocaust. . .that, according to General Barrie Trower, microwave weapons began perfecting their ability to remotely inflict symptoms that mimic "mental illness" in targeted individuals in the 1950s. . .that the field of psychiatry was creating the DSM and more medicateable "mental illness" labels in the 1950s. . .and then (also in the 1950's) along came people like Dr Thomas Stephen Szasz, to stand up for humanity against the dangers of false "mental illness" labels and psychiatric pharmaceuticals?**

In my first edition of "Embracing Feelings" I strongly encouraged people to work out personal issues through embracing/releasing suppressed feelings, instead of taking medications. The first edition of this book was completed in 1999 and was followed by severe rounds of targeting which ended in the loss of 3 pets, loved ones and a suspicious fire that raged through my New Hampshire home...etc.

I am not sure if this round of targeting happened solely because of my book. It does appear to be due to other things also. But, the final manuscript, along with most of my other writings, were lost in the fire. And due to how much interference I had while reconstructing it, it was obviously part of the reason for vamp ups in the targeting. But who would want my work destroyed? And why?

My work, was not offensive or threatening - it was all about healing the heart of humanity and bringing more Love into our troubled world. The only types of people, whom I've thought could be apposed to it, had to be some sort of dark occult. But could it have been a threat to some other sort of organization?

My drive to encourage healing instead of medicating, grew from my own experiences with personal growth and things I'd witnessed in a mental health facility, which I'd worked at. I found that through embracing our feelings we can heal from past trauma and that medicating our issues prevents resolution and stalls or prevents personal growth.

I have never taken psychiatric medications but I know people who have and I've witnessed the stagnation, and sometimes even harm, that they can inflict, especially on people who are not really "mentally ill."

Even without meds, the "mental illness" labeling can destroy a person's life. I believe that there are many children and adults who were being labeled although they are perfectly healthy and just needed to be encouraged to allow a healthy grieving process or outlet for their frustration...etc.

**People who are labeled as mentally ill can lose their rights to take care of themselves and make decisions for themselves - their work and/or home can be taken over by relatives. In the worst of situations they can be forced into institutions and medicated against their will. This form of destruction of healthy human beings is probably the worst kind of crime that humanity has ever been faced with, because most victims are not aware and the full scope of the crimes are not yet recognized or fully exposed.**

I'm not a doctor. But, when I wrote the book, I had a lot of experience with the embracing of feelings, in order to heal from past trauma, instead of suppressing it with medications. I personally trust the wisdom of experience and instincts above scientific text book knowledge, when it comes to personal growth, because every individual's issues and circumstances are unique and no book can

cover them all. But, for those who need a Dr. label, in order to believe that we have a serious problem here, I've compiled statements from doctors and other scientific experts.

I feel that the crisis humanity is faced with has multiple dimensions which are summed up in the first paragraph of this article. Some are so obvious that investigations are probably already taking place. And some may be difficult for you to believe, especially if you are not aware of the capabilities of microwave weapons and how psychiatric pharmaceuticals aid their mind control applications. Please become aware.

The following doctors have waged a war against the psychiatric label of "mental illness" and the harmful pharmaceuticals that are either prescribed for or forced upon victims of the label, which comes from the DSM - the book which defines criteria for the diagnosis of "mental illness." **Some psychiatrists are even concerned that the DSM criteria for "mental illness" labels under the pushing of psychiatric drugs are so unethical that it could destroy the credibility of the whole psychiatric profession.**

Dr. Thomas Stephen Szasz appears to be the pioneer in the movement to save the field of psychiatry from the shame of unethical "mental illness" labels and harmful medications that they justify. On the battle to save humanity from harmful pharmaceuticals Szasz says, ***"The task we set ourselves to combat psychiatric coercion is important. I think its important. . .not enough people think its important. Its a noble task - a task in the pursuit of which we must, regardless of abstacles, persevere. Our conscience commands that we do no less."***

Dr. Szasz wrote a book called "On the Myth of Mental Illness" and says that ***"there is no such thing as mental illness."*** Szasz says that ***"Labeling a child as 'mentally ill' is a stigmatization, not a diagnosis. Giving the child a psychiatric drug is poisoning, not treatment."*** I was so glad to have found Dr. Szasz. Thank God for his courage and insight.

**Site raised for Dr. Thomas Stephen Szasz**  
**[www.szasz.com](http://www.szasz.com)**

In the video below Dr. Paula Caplan explains that, ***"the whole process of mental illness diagnosis is unregulated. . . there are categories in the DSM that have scientifically proven not to exist and they're in there anyway."*** Normal ***"things that everybody goes through. . . get diagnosed as "mental illness" for example; if someone close to you dies and your still depressed two weeks later, now, according to the DSM, you have minor depressive disorder"*** And she expresses a VERY justifiable concern that normal feelings and social behaviors, especially those of natural grieving or anger, are listed in the DSM as cause to label a person with "mental illness." I like her approach and was glad to find her as a back up. I feel that the false labels and harmful medications soar beyond unethical and into the criminal destruction of our natural process of personal and spiritual growth, which I believe damages our hear and souls. (Dr. Paula Caplan wrote a book entitled, "They Say Your Crazy.")

**Dr. Paula Caplan on how psychiatrists decide who's normal**  
**<https://www.youtube.com/watch?v=sZpr8sVih70>**

(Previously posted video; <https://www.youtube.com/watch?v=nKbybLM12yc>)

Dr. Colin Ross has extensively studied scientific data which disproves the validity of "mental illness" labels and renders most of the prescribed drugs harmful or ineffective in most patients. He and other ethical psychiatrists strongly feel that the DSM's false labels, need to be exposed and stopped. He says, ***"Its not going to stop until psychiatry takes responsibility for what its doing and the public gets educated and says wait a minute I'm not buying this anymore."*** (Dr. Colin Ross wrote a book entitled, "The Great Psychiatry Scam.")

**Is Psychiatry A Scam? Truth About Mental Disorders,  
Psychiatrists Colin Ross and Corrina on Psychetruth**  
**<https://www.youtube.com/watch?v=AG1VHpsgUcY>**

**How a Mental Health Disorder is Discovered:  
DSM Truth, Psychiatrist Colin Ross and Corrina on Psychetruth**  
**<https://www.youtube.com/watch?v=2jFdBIZLwqU>**

Dr. Peter Breggin makes a strong stand against the psychiatric labeling and pharmaceuticals on an interview with FOX News in the videos below. Breggin calls the psychiatric drugging ***"medication spell binding"*** and that they do ***"more harm than good."*** His focus is more on the violence that drugs can instigate in victims.

**There is, however, a danger that those, who are not aware of the technological part of the targeting, can easily blame psychiatric pharmaceuticals for severe cases of technological targeting like in the Navy yard shooting, which Breggin blames on a pharmaceuticals. I feel that it was both. The shooter was obviously being targeted.**

**FOX News ; Peter Breggin MD Psychiatric Drugs Part I to III**

<https://www.youtube.com/watch?v=3IXUOnn5PiQ>  
<https://www.youtube.com/watch?v=WJNMBR2zRX8>  
<https://www.youtube.com/watch?v=HaPFmgLNwYs>

Dr Jeffery Schaler went so far as to say, ***"The diagnosis of mental illness is always a weapon."***

<https://www.youtube.com/watch?v=BhC6hUZJIJ0>

## Surprising Research into Psychiatry and Eugenics

Bernard Schreiber, wrote a book entitled "Men Behind Hitler - A German Warning to the World." His research exposes the profession of psychiatry being involved in a covert continuation of the eugenics movement. He wrote, ***"Hitler was an evil man and no one would want to assert that he was not responsible for the things that happened in Germany, but in blaming Hitler for all the evils one is overlooking a considerable number of those who are truly responsible, people who are being allowed to pursue their course to similar ends all over again - nothing to stop them."***

In another part of his book, which appears to have been erased, Schreiber had spoken of Dr. Paul Joseph Goebbels bragging about a secret weapon - a "death ray," which would lead to the "rebirth of the Reich." I believe that the weapons Goebbels spoke of are microwave weapons.

Schreiber's book is *"Humbly dedicated to the memory of countless ordinary people who's lives were taken because they were considered less than perfect, and therefore, unworthy to live."*

**Free Download of "Men Behind Hitler..."**

<http://www.goodreads.com/book/show/6011376-the-men-behind-hitler>

(Also find it here; [www.targetedinamerica.com/menhitler.html](http://www.targetedinamerica.com/menhitler.html))

## The History of Psychiatry

The following video shares part of the history of psychiatry. Potent quotes from this video are, ***"Far from being places of healing, psychiatric institutions have always functioned as the worst sort of prisons. . .where someone can be incarcerated against their will without even being charged with a crime."*** and ***"This is an industry that doesn't just specialize in destroying people's lives, it kills their souls."***

**Age of Fear: Psychiatry's Reign of Terror**

[https://www.youtube.com/watch?v=YA\\_MwaRLzm8](https://www.youtube.com/watch?v=YA_MwaRLzm8)

## The Most Dangerous Part of the Puzzle

Microwave expert, General Barrie Trower describes **microwave weapons** , and their use on human beings since the 1950s. On the subject of the use of **microwave weapons** on human beings Trower says, ***"By changing the pulse frequency... of the microwaves going into the brain and interfering with the brain. . . you could induce psychiatric illnesses to the point where a psychiatrist could not tell if it is a genuine psychiatric illness or an induced psychiatric illness."***

He describes these weapons as technologies which shoot beams of microwaves into space to bounce off of the ionosphere and be redirected to the target, which can be virtually anywhere in the world. His description fits technologies like the Russian SURA and the American HAARP. (At least six of these types of technologies are reported to exist around the globe.) This sort of targeting would also have to be done in conjunction with satellite surveillance systems and some of these are privately owned.

**Microwave Expert - General Barrie Trower**

<https://www.youtube.com/watch?v=kvn-8ITy0oc>

**According to experts, Microwave weapons can be used to remotely inflict mind control, which**

## **is more effective on people who are taking psychiatric drugs, like anti-depressants.**

Aside from the book I wrote in 1999, there is one more thing I did before hell broke loose around me. I'd had a prophetic dream, which showed criminal contamination of a public water supply and had shared my concern about it with a few people, including the water department. But many difficult years passed, as I struggled to survive being targeted, before I found the following information and realized that this is probably what my dream was warning of. . .

**In 2008, news reports stated that pharmaceutical drugs, including antidepressants, were being found in around 24 major public water supplies throughout the USA.**

### **Drugs found in 24 USA public water supplies** **<https://www.youtube.com/watch?v=LYD-qf9pZAg>**

**In 2013 a secretary at a New Hampshire Environmental Protection Agency told me that these drugs are STILL being found in our public water supplies! Reports say that its from the "run off" of pharmaceuticals that are improperly disposed of. Perhaps those who are coming to this conclusion are not aware of the microwave and pharmaceutical targeting of humanity?**

Because of the dream I had about criminals putting toxins in public water, and the fact that I had this dream while I was focused on writing a book to help steer humanity toward healing, instead of medicating. . .I believe that the drugs are being placed into the water by groups of criminals who are involved in a covert continuation of the eugenics movement, which includes efforts to control human beings with microwave technologies, which are aided by mood altering drugs. Whether the drugs are from "run off" or intentional contamination the resulting problem remains the same and something needs to be done to stop it.

**I understand how unreal this all sounds. But PLEASE think about this and DO NOT STOP thinking about it until you feel/know the absolute Truth. Too much is at stake for it to be washed away with blind disbelief.**

Even when we put aside the unpublicized technological part of these crimes against humanity, the process of falsely labeling, and inflicting healthy human beings with harmful pharmaceuticals, are still holocaustal crimes against humanity, especially when those human beings are rendered too numb to freely live their lives or when they lose their credibility and right to make their own choices with their own lives.

**But please do not push aside the technological part. Criminal use of microwave weapons and satellite surveillance systems is a critical problem that must be faced and stopped as quickly as possible. People's lives are being destroyed!**

Why would people be targeted in ways that could make them go see a doctor and get labeled as "mentally ill," and either prescribed or forced to take, harmful pharmaceuticals? Who would put drugs in our water? Who benefits from this destruction of lives? I believe that the root causes are greed and evil. . .and that **we ALL need to do what we can to stop these crimes and save humanity from further destruction.**

### **Find more info on** **[www.targetedinamerica.com](http://www.targetedinamerica.com)**

This is a work in progress and may be added to soon. Please check back later. Until then **please let your heart be touched on [www.heartbud.com](http://www.heartbud.com) because. . .ITS OK TO FEEL SAD, ANGRY OR SCARED. THESE ARE NATURAL HUMAN FEELINGS THAT WE NEED TO EMBRACE AND WORK THROUGH, IN ORDER TO GROW INTO ALL THAT WE ARE MEANT TO BE. [www.poeticpublications.com](http://www.poeticpublications.com)**

P.S. What are the dangers of so many people being pushed to take psychiatric pharmaceuticals for having natural human feelings and issues? I feel that there are many. . .some of which have probably not yet been realized by even the field of science. Tampering with the brain of human beings interferes with the natural process of personal and spiritual growth, which I feel is what life on Earth is all about. The damage that is being inflicted upon people is immeasurable. And some situations are even worse - some people are being literally tortured. Many have reported being targeted with microwave weapons, laser weapons, mind control technologies....etc. These people are commonly known as "Targeted Individuals." I have heard that many of these victims have been forcefully labeled as "mental ill" instead of being protected from further abuse. The destructive and discrediting "mental illness" labels are just part of the horrible crimes that are being committed against heavily targeted people.

I am a victim of technological targeting and have had to fight against the "mental illness" label which I have not been inflicted with, but certainly not out of their lack of trying to shove me in that direction. I am fighting to not become another labeled pharmaceutical victim on top of all the other parts of the targeting, which are more than any human being should have to live with for ANY length of time. **It is Truly insane that any human being would have to fight to not be falsely labeled as "mentally ill" or force medicated by criminals who are also targeting us with microwave weapons! The hell that we are going through soars beyond inhumane. The targeting has sabotaged nearly every aspect of my life. I used to own a nice country home and now I live in a vehicle as I fight to expose these crimes. Many others are experiencing similar levels of targeting. We are suffering indescribably and are in desperate need of protection from further harm.**

Its taken me a while to pull this article together! I was shot with painful doses of microwaves when I first found Dr. Szasz on the web in December 2014. I was not able to start fleshing out this article until around February 5, 2015 and then there appeared to be an aim

to prevent me from posting and printing it as I continued to be heavily targeted with microwaves.

Finding validation for the psychiatric crimes was a huge relief for me and it gives credibility to information I've been sharing, and have often been degraded for, for decades. I hope it helps you to not only realize what is happening, but to also make the healthiest of choices for yourself and your loved ones. Its OK to have natural human feelings. they are actually a prerequisite for personal growth. And we all need to be growing and evolving into all that we are meant to be.

With Hope for Humanity  
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With determination to preserve humanity,  
With gentle hands reaching out to those in need,  
With peaceful non-acceptance of the evil seed.***

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Love, Laugh and Cry.***

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